

# Brief for the Procedure

## Executive Health Programme

The programme is being conducted at  
Goyal Heart Centre

- Please inform us of a convenient date for your visit through the Central Appointment Counter [2432144, 2434144, 2625933] Ext. 211
- On the day of appointment, kindly report to the Executive Health Check-up Reception Counter between 08.30-09.00 hrs.
- Come with empty stomach (not even a cup of tea). You should also postpone any routine morning medication, until our staff guides you to it after certain tests.
- You will be guided through the series of tests under supervision of our doctors. The tests are completed within a morning, and the results will be ready in two days.
- All executives coming from empanelled companies are required to bring a letter of reference from their offices, duly authorising the check-up.
- Please bring your previous medical records, if any.

## FACILITIES ( 24 Hours - 365 Days)

- Modern Digital Cath lab
- Coronary Angiography (CAG)
- Angioplasty (PTCA)
- Permanent Pacemaker Implantation (PP)
- Temporary Pacemaker Implantation (TPI)
- Valvuloplasty (MVR)
- Intra Aortic Ballooning & Pumping (IABP)
- Coronary Artery By Pass Grafting (CABG)
- Beating Heart Surgery
- Heart Valve Surgery
- Congenital Heart Disease Surgery
- 24 Hours Emergency Cardiologist's Services
- Monitor, Defib, ABP and Ventilator
- State of art cardio thoracic operation theater with all facilities
- State of art Heart Care Unit
- Mobile I.C.C.U. Ambulance

at  
**GOYAL HOSPITAL AND RESEARCH CENTRE**

961/3, Residency Road, Opp. Rotary Hall  
Jodhpur - 342 003 (INDIA)  
PBX : 0291-2432144, 2434144, 2625933  
Fax : 0291-2624820  
Heart Station : 2435839  
Ambulance : 98290 27144  
Email : anandgoyal@sify.com  
Website : www.goyalhospital.org



Taking  
**Health Care**  
into the new  
millennium



## Goyal Hospital & Research Centre

## Goyal Heart Centre

Early detection and modification of risk factors to  
ensure sound health.....



EXECUTIVE HEALTH PROGRAMME  
A comprehensive medical check-up.



## Health Check

Why you should consider getting a health check .....

### EARLY DETECTION

Most health problems can be managed more effectively, if detected early.

### TIMELY PREVENTION

Advice on lifestyle changes will be given on the results of your screening.

### PEACE OF MIND

You will have peace of mind knowing that you are healthy.

## The Benefit

How the evaluation will benefit you....

- When you come for your medical review, our doctors will discuss your results in detail with you.
- Modification in lifestyle, diet or medication will be advised.
- If some abnormality has been detected, you will be guided accordingly by our team of specialists.

## The Evaluation

### How to get yourself evaluated ?

- You just have to dial 2432144, 2434144 or 2625933 and take an appointment for a suitable date for the check-up. You may also fix up your appointment through Fax No. 2624820
- You are advised to fast for 12 hours before the tests.
- You should report with empty stomach (not even tea). Water may be taken.
- You should not smoke for at least 2 hours before the test, if you are a smoker.
- You should also postpone any routine morning medication, until our staff guides you to have it after certain tests.
- During the course of the tests, breakfast is offered.
- The tests are completed within a morning, and the detailed reports are ready in two days. An appointment will be made for a doctor to discuss these reports with you. Alternatively, arrangements can be made for the results and recommendations to be sent to you.
- Please bring your previous medical records, if any.



# Health Check-Up Programmes

# Comprehensive Health Check-Up

## Health Check-Up

### Tests include :-

- Doctor's consultation and full Medical Examination
- Blood Tests :
  - Complete Haemogram (HB, TLC, DLC, ESR, Haematocrit, Peripheral smear)
  - Blood Group (ABO, RH)
  - Blood Sugar (Fasting and Post Prandial)
  - Blood Urea
  - Serum Uric Acid
  - Serum Creatinine
  - Lipid Profile
- Urine Examination
- X-Ray Chest PA
- ECG
- Eye Examination
- Gynaecologist's Consultation and Pap Smear Test\*
- Post Check-up Consultation

RATE : For Males : Rs. 1250/-  
\* For Females : Rs. 1500/-

Up to 30 years of age

### Tests include :-

- Doctor's consultation and full Medical Examination
- Blood Tests :
  - Complete Haemogram (Hb, TLC, DLC, ESR, Haematocrit, Peripheral smear)
  - Blood Group (ABO, RH)
  - Blood Sugar (Fasting and Post Prandial)
  - Blood Urea
  - Serum Uric Acid
  - Serum Creatinine
  - Lipid Profile
- Urine Examination
- X-Ray Chest PA
- ECG
- Exercise Stress Test (TMT)
- Eye Examination
- Gynaecologist's Consultation and Pap Smear Test\*
- Post Check-up Consultation

RATE : For Males : Rs. 2000/-  
\* For Females : Rs. 2250/-

For above 30 years of age

## Executive Health Check-Up

### Tests include :-

- Doctors' consultation and full Medical Examination
- Blood Tests :
  - Complete Haemogram (Hb, TLC, DLC, ESR, Haematocrit, Peripheral smear)
  - Blood Group (ABO, RH)
  - Blood Sugar (Fasting and Post Prandial)
  - Blood Urea
  - Serum Uric Acid
  - Serum Creatinine
  - Lipid Profile
  - Liver Function Test
- Urine Examination
- X-Ray Chest PA
- ECG
- Exercise Stress Test (TMT)
- Eye Examination
- Gynaecologist's Consultation and Pap Smear Test\*
- Pulmonary Function Test (Routine)
- Ultrasound - Whole Abdomen
- Dental Consultation
- Post Check-up Consultation

RATE : For Males : Rs. 3300/-  
\* For Females : Rs. 3550/-

*For 40-50 years of age*

## Executive Cardiac & Health Screening

### Tests include :-

- Doctor's consultation and full Medical Examination
- Blood Tests :
  - Complete Haemogram (HB, TLC, DLC, ESR, Haematocrit, Peripheral smear)
  - Blood Group (ABO, RH)
  - Blood Sugar (Fasting and Post Prandial)
  - Blood Urea
  - Serum Uric Acid
  - Serum Creatinine
  - Lipid Profile
  - VDRL
  - Hbs Ag
  - G6PD
  - Serum Electrolytes
  - Liver Function Test
- Urine Examination
- Stool Examination
- X-Ray Chest
- ECG
- PSA Test\*\*
- Gynaecologist's Consultation & Pap Smear Test\*
- Eye Examination
- ENT Consultation
- Dental Consultation
- TMT
- PFT
- Ultrasound - Whole Abdomen
- 2D ECHO Cardiography with doppler study
- Post Check-up Consultation

RATE : \*\* For Males : Rs. 5600/-  
\* For Females : Rs. 5600/-

*For above 50 years of age*